



1 IN 4 SENIORS
LIVES ALONE



1 IN 5 FEELS LONELY

and social isolation among older adults is associated with
an extra **\$6.7 BILLION** in Medicare spending each year

Contact Us

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20th Annual Holiday Gift Box Program

Delivering to Clients:
December 19-23, 2022

Items will be wrapped &
packed at our office from
December 15-16, 2022
from 8:00 a.m. to 4:00 p.m.

About the Program

1. How it Works:

Each year, Meals on Wheels South Florida selects 100-150 home-bound senior clients to receive a holiday gift box filled with personal care items and other necessities.

2. Items Needed:

For both men & women:

- Shampoo/conditioner
- Toothbrushes/toothpaste
- Hair brushes & combs
- Face/body lotion
- Bar/body soap
- Laundry detergent
- Dish-washing soap
- Razors/washcloths & more

3. Volunteers Needed:

- Sort the items
- Wrap & pack boxes
- Deliver to each client

Reducing Isolation



9 OUT OF 10
say Meals on Wheels helps
them live independently

How to Participate:

Individuals or corporations wishing to help support this program may make financial or in-kind gifts directly to Meals on Wheels South Florida.

Please deliver items to our
office by December 9th.



For Info: Contact Marlene Gray at
mgray@mowsoflo.org or
954.714.6924.

Funding Statement:

Meals on Wheels South Florida is funded under the Older Americans Act and Fair Share Dollars from local municipalities through State of Florida's Department of Elder Affairs and The Area Agency on Aging of Broward County. The ongoing generous support from The Jim Moran Foundation, Jewish Federation of Broward, United Way of Broward, the Children's Services Council, the cities of Tamarac and Pompano and Private Donations allows us to provide meals and services to those in most immediate need who would otherwise be placed on the ever-growing waiting list for home-delivered meals.



Area Agency on Aging
of Broward County

